



## Mission

To enrich lives with knowledge, respect and compassionate care.

## About us

Established in 1979, Cedar Valley Hospice is the expert provider of hospice care in Northeast Iowa. As a non-profit, we strive daily to carry out our mission and uphold the highest standards for our employees who help families manage advanced illnesses and symptoms wherever they reside or at our Hospice Home. We provide in-home care for all – regardless of age, diagnosis or ability to pay. Our other services include: the area’s only Hospice Home, palliative care, adult and youth grief programs, and case management for people living with HIV.

*Anyone can make a referral. It’s never too soon to call and find out what resources are available to you. **Call us at 800.626.2360.***

*“Cedar Valley Hospice was very instrumental in improving Jerry’s quality of life. He spent less time in the hospital and more time enjoying life at home with me. Having their help was like having my own little angels right there.”*

Marie Easter  
wife

# FREQUENTLY ASKED QUESTIONS

## What is hospice care?

Hospice is a special kind of care focused on the physical, emotional, psychosocial and spiritual needs of terminally ill patients and their families. Hospice care treats the person rather than the disease; it focuses on quality and comfort. Patient and family members are involved in making decisions with a team of skilled and compassionate professionals, along with a patient’s primary care physician.

## Who can be admitted to hospice and what does the process involve?

Cedar Valley Hospice services are for people with a life-limiting illness and a life expectancy estimated at six months or less. Both the doctor and patient agree to the need for care that provides comfort when curative treatment of a disease is no longer desired.

## Should I wait for our physician to suggest hospice?

Anyone can make the call to Cedar Valley Hospice to inquire about services, including: the patient, family, clergy, friends or health care provider. If the patient’s physician has not made the referral to Cedar Valley Hospice, the staff can contact the physician for permission to admit them to our hospice program.

## Are all hospices the same?

No. Although all hospices specialize in the care of life limiting illnesses, the array of care and services can differ widely among hospice providers. Regardless of what hospital or doctor is caring for you or your loved one, you have a choice in hospice services and can choose Cedar Valley Hospice. We are an independent, not-for-profit, community health care provider that has been serving your family, friends and neighbors since 1979. Ask for us by name.

## How much does hospice care cost - is it covered by insurance?

Cedar Valley Hospice care is available to anyone, regardless of their ability to pay. Medicare, Medicaid and most private insurance companies cover the costs of hospice services. Community contributions help cover costs for those who can’t pay.

## Is hospice care only for cancer patients?

No. Cedar Valley Hospice care is appropriate for anyone in the advanced stages of a life-limiting illness, with a prognosis of six months or less. This includes, but is not limited to: heart disease, cancer, ALS, Alzheimer’s, AIDS, neurological and renal diseases, chronic lung disease and other end-stage diseases.



**CEDAR VALLEY HOSPICE**

*Making Each Moment Matter.*



## Hospice Care

Cedar Valley Hospice's team of compassionate professionals provide comfort and care to patients with advanced illness and their families. A team provides care wherever patients reside and addresses their physical, emotional and psychosocial needs. The team includes: a doctor, nurse, social worker, spiritual care counselor, hospice aide, music therapist and volunteer.

They individualize a plan of care and treat patients with the respect, dignity and compassion they deserve. Our goal is to improve a patient's quality of life and keep them at home where they feel most comfortable.

Cedar Valley Hospice provides care in the following counties: Black Hawk, Bremer, Buchanan, Butler, Grundy, Tama, and parts of Benton, Chickasaw, Delaware, Fayette, Floyd, Franklin, Hardin, Linn and Marshall.

## When is the right time to call Cedar Valley Hospice?

If you are considering hospice, now is the right time to call and find out more information from our care team.

### Start by recognizing the following symptoms:

- Weight loss or small/decreased appetite
- Changes/increased assistance with activities of daily living (ADLs)
- Increased hospitalizations or visits to ER
- Pain that is more difficult to control
- Increased infections (upper respiratory, urinary tract, etc.)
- Decline in mental status
- Increased oxygen utilization
- Increased weakness, fatigue, drowsiness

*Simply one or two of these symptoms may suggest an individual is eligible for hospice.*

**To request a consultation, please call 319.272.2002 or 800.626.2360.**

## The area's only Hospice Home

As a benefit for those on the Cedar Valley Hospice program, care is also available at the Cedar Valley Hospice Home located at 2001 Kimball Ave. in Waterloo as an alternative to a hospital stay. Highly trained medical staff are available 24 hours a day, seven days a week in this beautifully decorated, home-like environment.

### INPATIENT CARE

Short-term stays provide pain and symptom management, along with skilled care for those who are imminently dying. Short-term residential care is also available.

### RESPIRE CARE

A stay that provides family members temporary rest and relief from caregiving or time to attend out-of-town functions.



*Hospice Home Solace Room*



## Community programs

Cedar Valley Hospice offers additional programs to the community.

### S.O.S. – Speakers on Site

Educational presentations offered free to the community on hospice care and other end-of-life issues.

### Grief Support Services

Comprehensive counseling and support services for those grieving a death. As part of our Eucalyptus Tree program, we also offer support and care to youth and families experiencing a life-limiting illness or grieving a death.

### LINK Palliative Care

Case management and support for individuals and families facing a serious illness who may not be eligible for, or seeking, hospice services yet.

### Cedar AIDS Support System (CASS)

Medical case management and support for people living with HIV and their loved ones.



**CEDAR VALLEY HOSPICE®**

*Making Each Moment Matter.*

### Central Office

900 Tower Park Dr.  
P.O. Box 2880  
Waterloo, IA 50704  
319.272.2002  
800.626.2360

### Grundy Center Office

310 East G Ave.  
Grundy Center, IA 50638  
319.824.3868

### Independence Office

801 First St. East  
Independence, IA 50644  
319.334.6960

### Waverly Office

209 20th St. NW  
Waverly, IA 50677  
319.352.1274

### Hospice Home

2001 Kimball Ave.  
Waterloo, IA 50702  
319.272.1771

**ATTENTION:** Free language services are available at no charge to you. Call 800.626.2360.

**ATENCIÓN:** si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 800.626.2360.

**ACHTUNG:** Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer 800.626.2360.

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