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# PRESS RELEASE

## Carnival-themed day camp helps youth learn about grief, loss

**Waterloo, June 23, 2022:** On Wednesday, July 20, Cedar Valley Hospice will transform the UAW Hall in Waterloo into a carnival, welcoming youth to its themed grief camp. A magician will kick off the 8<sup>th</sup> annual day camp aims to help youth ages 5-12 who are grieving the death of a friend or loved one.

Youth will be able to share their story of loss with peers and learn about grief through participating in fun activities and crafts related to the theme. Camp will run from 10 a.m. to 3 p.m. with a closing ceremony at 2:30 p.m. The day's activities are free, and all campers will receive lunch and a T-shirt.

There is also a session for adults at 1:30 p.m. aimed at helping guardians support their youth during a time of loss and/or transition.

At Cedar Valley Hospice, its experts understand that youth grieve differently than adults. A special program, The Eucalyptus Tree, was designed to help them understand their thoughts and feelings when grieving the death or terminal illness of someone special to them.

Registration is open to any child regardless of their affiliation to Cedar Valley Hospice. RSVP by Tuesday, July 5 by calling Mikaela at 319.272.2002.

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**PHOTO:** Last year, youth and counselors bonded outside during the day's activities related to its All Around the World theme. Register your child for this year's event by calling 319.272.2002.



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Established in 1979, Cedar Valley Hospice is the expert provider of hospice care in Northeast Iowa. As a non-profit, we uphold the highest standards for our employees who help families manage advanced illnesses and symptoms 24 hours a day. We provide care for all – regardless of age, diagnosis or ability to pay. Other services include: the area's only Hospice Home, palliative care, adult and children's grief programs, and case management for people living with HIV. Anyone can make a referral. It's never too early to call and find out what resources are available to you. For more information, visit [cvhospice.org](http://cvhospice.org) or call 800.626.2360.