



**CEDAR VALLEY
HOSPICE®**

Eucalyptus Tree

Supporting youth who are grieving

We understand that the death of a loved one is hard for a young person. Clear, accurate and age-appropriate communication with unconditional support is critical. At Cedar Valley Hospice we offer the Eucalyptus Tree (ET) program to help youth ages 4-17 through a difficult time. Services are free to the community.

Grief Counseling

Our grief counselors are trained staff members who meet with youth at the Cedar Valley Hospice office or at school, permitting approval. They offer support through structured activities, play and conversation.

Parent Consultation

It's not easy talking about death and dying. These consults help parents in need of information, resources and discuss ways to help their child.

Family Support Meeting

Visits are facilitated by trained staff members who offer education and support to both youth and adults. They answer any questions, address concerns and promote open and honest conversation.

Katie & Quincy Koala Visits

Our mascots, Katie or Quincy Koala, along with a staff member, will visit with youth ages 3-8. These visits offer friendship, support and hugs.

They bring lessons and activities, help guide difficult conversations and promote open family communication.

S.O.S. (Speakers on Site) Education

Age-appropriate (pre-K to adult) presentations are available on grief and death. We will travel to your location. Staff is also available to provide crisis support to area schools and businesses.

TreeTV - Video Resources for Youth at Home

Videos of crafts, stories and conversations relate to the grief experience for young people. Visit cvhospice.org or find them on our YouTube channel.

GOALS of ET program:

1. Help youth understand that death is part of life.
2. Explain grief in a way that promotes trust and resilience.
3. Encourage communication on illness, death and grief.
4. Create an understanding of what to expect after a death.
5. Assist youth in coping with death and find ways to remember and memorialize loved ones.

***For more information or to schedule an appointment, call Mikaela Hines,
Cedar Valley Hospice Eucalyptus Tree Coordinator, at 319.272.2002.***