

# CASS – HIV Case Management



*“Our goal is to assist in removing barriers to enable you to be an active partner in managing your healthcare and improve your quality of life.”*

CASS Case Manager

## Mission

To enrich lives with knowledge, respect and compassionate care.

## About Cedar Valley Hospice

Established in 1979, Cedar Valley Hospice is the expert provider of hospice care in Northeast Iowa. As a non-profit, we strive daily to carry out our mission and uphold the highest standards for our employees who help families manage advanced illnesses and symptoms wherever they reside or at our Hospice Home. We provide in-home care for all as part of our hospice and palliative care programs – regardless of age, diagnosis or ability to pay. Our other services include: the area’s only Hospice Home, palliative care, adult and youth grief programs, and case management for people living with HIV.

*It’s never too soon to call and find out what resources are available to you.*

**Call Cedar Valley Hospice at 800.626.2360.**

In 1986, when the first cases of HIV infection were detected in Northeast Iowa, a group of concerned citizens began meeting in Waterloo and The AIDS Coalition of Northeast Iowa was formed.

In January of 1988, founding members realized the coalition’s growth required the resources and infrastructure that could only be provided by an established institution. By March of 1988, the newly renamed, Cedar AIDS Support System (CASS) became part of Cedar Valley Hospice.

***CASS provides free and confidential HIV case management for people living with HIV.***



## Community education and support

CASS works with schools, community service organizations, churches and health care providers to assist, support and educate people living with HIV, and anyone who is interested in learning more about HIV. Presentations are focused on increasing awareness and reducing stigma.

*Schedule a presentation by calling 319.272.2437.*



**CEDAR VALLEY  
HOSPICE®**

*Making Each Moment Matter.*

## Case management

CASS is staffed by professional case managers who ensure the delivery of comprehensive, free case management and benefit coordination services.

CASS Case Managers tailor care plans for each client, helping them identify their medical and physical needs, define their goals and link them to appropriate on-site or off-site services. CASS serves 15 counties in Northeast Iowa.

Additionally, case managers provide counseling to meet the psychosocial needs of clients and their families. This includes emotional support, health and risk-reduction education, and treatment-adherence counseling to ensure readiness for complex HIV treatments.

## Information & referral

CASS has access to a variety of HIV information and resources. Case managers also work closely with local health care providers and community service organizations. The goal is to assist clients in finding medical and emotional care and also to increase the quality and consistency of financial and support services.

*Anyone interested in obtaining information or making a referral can call 319.272.2437. Calls are confidential and welcome from those living with HIV, family members, significant others, students, friends and other interested persons.*



## Financial assistance

CASS has direct assistance programs that can offer:

- Grocery and basic needs gift cards
- Local bus passes
- Transportation reimbursement for out-of-town medical, dental and CASS visits
- Crisis or emergency expenses
- Financial assistance with:
  - Rent, utilities, phone, eye glasses, etc.
  - Health insurance and medication co-pays, co-insurance and premiums

CASS Case Managers also work closely with local agencies and programs to find other available resources. Each program has its own eligibility rules, requirements and is dependent on available funding.

## Benefit coordination

CASS Case Managers can also assist you with determining what the best health insurance options are to meet your medical needs.

## Confidentiality

CASS understands the confidentiality concerns of many people with HIV and are familiar with the laws protecting HIV-related information. You will be asked at your first visit about your wishes related to sharing information with associated agencies and providers, and your wishes will be respected.

**Call and speak with a CASS Case Manager at 319.272.2437.**



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*Making Each Moment Matter.*

### Central Office

900 Tower Park Dr.  
P.O. Box 2880  
Waterloo, IA 50704  
319.272.2002  
800.626.2360

### Grundy Center Office

310 East G Ave.  
Grundy Center, IA 50638  
319.824.3868

### Independence Office

801 First St. East  
Independence, IA 50644  
319.334.6960

### Waverly Office

300 East Bremer Ave., Suite 100  
Waverly, IA 50677  
319.352.1274

### Hospice Home

2001 Kimball Ave.  
Waterloo, IA 50702  
319.272.1771

**ATTENTION:** Free language services are available at no charge to you. Call 800.626.2360.

**ATENCIÓN:** si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 800.626.2360.

**ACHTUNG:** Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer 800.626.2360.

[CVHOSPICE.ORG](http://CVHOSPICE.ORG)

