

# Volunteer Opportunities



## Mission

To enrich lives with knowledge, respect and compassionate care.

## About us

Established in 1979, Cedar Valley Hospice is the expert provider of hospice care in Northeast Iowa. As a non-profit, we strive daily to carry out our mission and uphold the highest standards for our employees who help families manage advanced illnesses and symptoms wherever they reside or at our Hospice Home. We provide in-home care for all – regardless of age, diagnosis or ability to pay. Our other services include: the area's only Hospice Home, palliative care, adult and youth grief programs, and case management for people living with HIV.

*Anyone can make a referral. It's never too soon to call and find out what resources are available to you. **Call us at 800.626.2360.***

*"I love to help families in their time of need. It gives me great joy to be a good listener and let them share their stories about the memories they cherish from their life."*

**Shelly Hook**  
Cedar Valley Hospice Volunteer

## Volunteer responsibilities

All volunteers are provided a 16-hour training and orientation (required by Medicare). The information learned is valuable and useful as a volunteer in any capacity at Cedar Valley Hospice.

Multiple opportunities are available throughout the year to fulfill this requirement. An interview and background screening is also performed.

## Patient/family volunteer responsibilities:

- Try to donate at least one hour a week
- Be in good physical and emotional health
- Be a sensitive and empathetic person
- Be a good listener
- Maintain confidentiality
- Be comfortable with varied spiritual beliefs and cultural backgrounds
- Function as sensitive listeners to a family after a death (grief support). This may include phone calls, home visits or accompanying family members to grief support groups or social events.

## Friends Committee volunteer responsibilities:

- Share the story of Cedar Valley Hospice by being an ambassador in the community
- Participate in fundraising events & meetings
- Help gather silent auction items for events
- Support and encourage financial giving
- Assist in marketing activities as requested
- Attend training as necessary



**CEDAR VALLEY  
HOSPICE®**

*Making Each Moment Matter.*

# Volunteer Opportunities

At Cedar Valley Hospice, there are a variety of volunteer opportunities.

## Patient/family volunteer

These volunteers are companions on a hospice patient's journey so no one has to walk alone. They help them by *Making Each Moment Matter* through listening and responding to patient and family needs with understanding and empathy. Volunteers also help maintain a sense of normalcy and quality of life. Tasks may include:

- Providing companionship to patients
- Offering respite care for the caregiver
- Running errands
- Visiting the Hospice Home

## Friends of Cedar Valley Hospice Committee volunteer



The Friends of Cedar Valley Hospice work with the Advancement team to educate the public about Cedar Valley Hospice and raise needed funding for hospice care and programming. This group meets once per month at the Waterloo Support Center to help plan/execute events.

## Veteran volunteer

As a partner of the National Hospice and Palliative Care Organization's "We Honor Veterans" program, we recognize a patient's military service. We are always looking to connect patients that are veterans with other veterans who can listen and support the patient throughout their journey.



## Grief support volunteer

Grief cannot be fixed, it can only be witnessed and experienced.

Acknowledgment can be a powerful tool by providing support, validation, and education to those navigating their own grief journey.

Volunteers may be tasked with:

- Assembling grief mailings and other supportive educational information
- Serving as a sensitive and supportive listener to caregivers after a death (either in person or on the phone) while offering information about our support services
- Assisting the grief counselor with grief support groups, educational presentations or grief department events

## Eucalyptus Tree volunteer

Youth grieve differently than adults. The Eucalyptus Tree Program helps youth who are grieving the death or terminal illness of someone special to them. Volunteers are key to the program's success and may help with:

- Participating in public appearances as Katie and Quincy Koala
- Assisting grieving youth with activities during a day camp held in the summer
- Supporting our youth grief coordinator during in person sessions, small groups, or educational presentations

# Making a difference

If you are interested in serving your community through volunteer work, please fill out the form below and return it to any of our four Cedar Valley Hospice offices (addresses can be found on the back). A volunteer coordinator will be in touch.

We ask that volunteers wait one year after the death of a family member to volunteer with Cedar Valley Hospice.

## Yes!

I would like more information on becoming a Cedar Valley Hospice Volunteer.

I am interested in: (circle all that apply)

- Patient/Family Volunteer
- Patient, Family Volunteer (military veteran)
- Grief Support Volunteer
- Eucalyptus Tree Volunteer
- Hospice Home Volunteer
- Friends of Cedar Valley Hospice Volunteer
- Office Support
- Quilt making (every patient receives a lap quilt)
- Cookie baker for the Hospice Home

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State/Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_

*Please complete and return to the nearest Cedar Valley Hospice office. For questions, please email [volunteer@cvhospice.org](mailto:volunteer@cvhospice.org) or call 319.272.2002.*



**CEDAR VALLEY  
HOSPICE®**

*Making Each Moment Matter.*

### Central Office

900 Tower Park Dr.  
P.O. Box 2880  
Waterloo, IA 50704  
319.272.2002  
800.626.2360

### Grundy Center Office

310 East G Ave.  
Grundy Center, IA 50638  
319.824.3868

### Independence Office

801 First St. East  
Independence, IA 50644  
319.334.6960

### Waverly Office

300 East Bremer Ave., Suite 100  
Waverly, IA 50677  
319.352.1274

### Hospice Home

2001 Kimball Ave.  
Waterloo, IA 50702  
319.272.1771

**ATTENTION:** Free language services are available at no charge to you. Call 800.626.2360.

**ATENCIÓN:** si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 800.626.2360.

**ACHTUNG:** Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer 800.626.2360.

October 2024

[CVHOSPICE.ORG](http://CVHOSPICE.ORG)

